Our Lady of the Sacred Heart Parish Henley Beach

On the Traditional Lands of the Kaurna People

267h Sunday in Ordinary Time 5th October 2025

Parish Priest: Fr Mark Sexton

Pastoral Care: Sr Helen Armstrong OLSH

Child safe contact Person: Jane Sage 0435062071

Alpha Programs Director: Barb Conlon

After hours Emergency Only: 0437 216 095

Vinnies Emergency Hotline: 1300 729 202

Henley Beach Parish Office: 420 Seaview Road,

Henley Beach

Ph: 8356 8888

Email: welcome@henleybeachparish.com.au **Website:** www.henleybeachparish.com.au

Office Hours: Mon & Tues: 9am-12pm;

Wed & Thurs: 9am-2pm;

Fri: 9am-3:pm.



Star of the Sea Primary School: Phone: 8115 7400 Email: info@star.catholic.edu.au
Web: https://www.star.catholic.edu.au/news-events/enewsletters

Mass Times: Monday 8 pm Candlelit Mass (except on Public Holidays)
Tues: 9:15am, Wed: 8:00am, Thurs & Fri: 9:15am, Reconciliation Saturday 8:45am – 9:10am
Sat 9:15am (qualifies as a Sunday Mass); Vigil Saturday 6:00pm; Sunday 9.30am; 5:30pm

COMING UP:

Knit & Natter

Thursday 16th October 10am - 12 noon

Blokes Lunch

Friday 21st November

St Vincent De Paul Mass

Saturday October 11th 9.15am

Healing Mass

Thursday 9th October 7pm

Readings

27th SUNDAY in ORDINARY TIME

Hab 1: 2-3, 2: 2-4 Ps 94: 1-2,6-9 2 Tim 1: 6-8, 13-14

Lk 17: 5-9

28th SUNDAY in ORDINARY TIME

2Kg 5: 14-17 Ps 97: 1-4 2 Tim 2: 8-13 Lk 17: 11-19

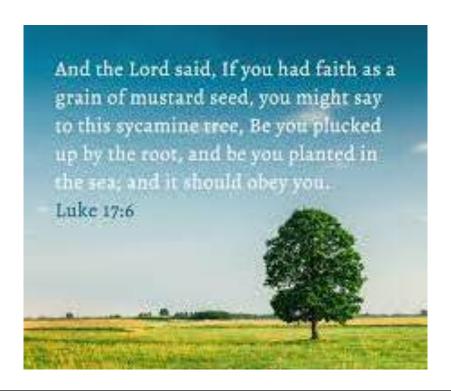
27th Sunday in Ordinary Time, Yr C

A problem we can have listening to Scripture is to divorce it from the cultural context in which it was written.

An example of this is the final passages in today's Gospel. When Jesus is talking about how servants are treated, he is using an image of daily life that his listeners would be familiar with. He is not supporting that attitude.

I do see it though as a rebuke against people who think that by doing what is right, they are somehow deserving of more praise. We do not 'earn' salvation. We are not going to be ranked by God in heaven in some kind of order of merit.

In the earlier passage, when he refers to faith only the size of a mustard seed, he is not criticising them. He is rather pointing out that even such a small amount of faith is sufficient. How is our seed of faith? Can we uproot mulberry bushes?



Standard Mental Health First Aid

The Standard Mental Health First Aid course teaches participants how to provide initial support to another adult who may be experiencing a mental health problem or mental health crisis, until professional help is received or the crisis resolves.

Course participants learn about the signs and symptoms of common mental health problems in adults, how to recognise and respond to an emerging or worsening mental health problem and the treatments and supports available.



Recognise the warning signs of mental health problems in other adults.

Respond in a crisis

an adult may be at

risk of harm.

Respond across a range

of crisis situations where



Offer support Learn the skills to speak openly and accurately about mental health.



Reduce stigma Reduce stigma and increase support for adults experiencing and living with mental health problems.

What you'll learn

Learn how to apply mental health first aid to adults across a range of commo mental health problems and crisis situations, including:

- Depression
- Psychosis
- · Substance use problems
- · Suicidal thoughts and behaviours
- Panic attacks
- · Non suicidal self-injury
- Traumatic events

Become an MHFAider

Adults who complete the course become Mental Health First Aiders (MHFAiders), equipped with the knowledge, confidence, and skills to provide someone with mental health information and support when it matters most.

Complete a short assessment at the end of the course to become an Accredited Mental Health First Aider (MHFAider). Accreditations are valid for 3 years.

Face-to-Face Training: 2 x 6-hour sessions over 2 days WHERE:

Cathedral Hall, Wakefield Street, Adelaide

WHEN:

- Friday 10th October 9:30am 4:30pm
- Friday 17th October 9:30am 4:30pm
- Must attend both full days to become an accredited Mental Health First Aider.
- Training suitable for adults (aged 18+)
- · Lunch and refreshments provided

ENROL:

Email or call Clare Beckingham (MHFA Licensed Instructor)

cbeckingham@adelaide.catholic.org.au (08) 8210 8232



Why attend a Standard Mental Health First Aid training course?



Improve knowledge Evaluations consistently show that by attending a course, participants improve their knowledge of mental illnesses, their treatments and appropriate first aid strategies.



Improve confidence Course participants report improved confidence in providing first aid to individuals.

Anyone can have a conversation that may save a life. Everyone should know how.

Archdiocesan Synod Formation Sessions Available Online

All are invited to prepare for the 2026 Archdiocesan Synod by engaging with the online Synod Formation Series featuring experts and guest presenters from across the globe.

Each online session includes a video presentation, reflection worksheet, and links to additional resources and study materials on a variety of topics.

To access the Synod Formation Series and information on upcoming sessions, visit www.togetherontheway.au/formation-sessions or contact Peter Bierer

(pbierer@adelaide.catholic.org.au)

Social Justice Group Annual Meeting

Saturday 11th of October straight after the Social Justice Mass at 9.15, following the morning tea...

Will be held in the parish meeting room

All are welcome!

Any questions, please call Cheryl on 0427351008

Working with Children - Police Check.

Ivy Hill has returned from overseas.

If you need to renew your WWC check please call lvy on 0413 081 421.

Thank you



Save the DATE! Henley Parish Pilgrimage

Saturday 8 Nov 2025 9am-5pm from OLSH By BUS ... \$50 pp Wait for more details and registration



Knit & Natter

Knit and Natter will have a break during the school holidays.

Our next get together will be 16th October Carmel Kay 0499 907 011

Please Remember in Your Prayers this Week:

Recently Deceased

Jude Sowerbutts, Helen Woodall, Margaret Hillary, Thomas Wharton, Peter Tierney, Cliff Daniels, Len Manuel, Liz Campbell, Wendy Boeyen, Sean Kennedy, Maria Tinus, Don Newham,

Anniversaries

Maria Tinus, Nancy & Joe Gomes, Sharon Barber.

Sick Parishioners

Chris Capaldo, Carmel Jungfer, Sani Strehovski, Aduzinda Matthews, Antienta and Richard Nazar, Nicholas Cutajar, Sani Strehovski, John Boeyen, Graham Blacket, Brian Fitzgerald, Margaret O'Connor, Sonia Bennie, Amelia D'Aloia, Rene Young, BrendanTaylor,

Mass for the Unborn Child Brighton Catholic Parish

Brighton Catholic Parish invites you to the Mass for the Unborn Child this year which will be held at:

St Joseph's Catholic Church, 24 Strathmore Terrace, Brighton on Saturday October 11 at 10am, followed by coffee/tea. This Mass is for those suffering due to a loss of a child either through neonatal death, miscarriage, stillbirth or abortion. We feel that sometimes we overlook these people, and this Mass is our way of letting them know that the church has not forgotten them. We will also be praying for those children who have lost their lives to accidents or illness.

See relevant flyer or for any other queries call 8296 7292.

Public Rosary Rally Saturday 11th October 2025

A nation wide Rosary chain will be held all across Australia offering reparation for the sins and offences committed against Our Lord and Our Lady and for more blessings for Australia.

Please join us in praying for our nation:

When: Saturday 11th October after the 9.15am Mass
Where: At the back of the Church we will meet and then walk in procession to the beach fore shore where



All proceeds go towards building our new parking lot.

27th Sunday in Ordinary Time



"For God did not give us a spirit of cowardice but rather of power and love and self-control." 2 Timothy 1:7

Many of us compartmentalise our Faith, we bring it out only when we attend Mass or when we attend a parish event. Being a good steward

requires discipline and striving to put God first in everything - all the time.

The next time you are at a neighborhood party or at work or out shopping, would your words and actions signal to others that you are a good and faithful servant of our Lord?



Feast of Saint Vincent De Paul and Social Justice mass.

You are invited to join this special celebration of Saint Vincent De Paul and Social Justice Groups in the parish of Henley Beach. All past and present members of Saint Vincent De Paul and our Social Justice Groups are invited to this celebration mass. 9.15 am mass Saturday, October 11th 2025

Morning tea will be provided immediately after mass, please join us for tea and coffee and a lovely spread of delicious food.

Safeguarding Essentials Course for all Parishioners



Thank you to all our Volunteers for your dedication and contribution to our Parish. Your involvement and commitment is very much appreciated. As part of our efforts to ensure the safety and well-being of those we serve, it is required that all volunteers complete the

mandatory Safeguarding Essentials Course.

If you prefer to undertake the training face-to-face rather than online, please contact the Parish Office to be notified of upcoming training dates.

The completion of this course is a requirement for you to be eligible to provide ministry or service to the Archdiocesan Parishes and Communities. Additionally, completing will help our organisation meet its legal obligations and comply with the requirements set forth by the National Catholic Safeguarding Standards (NCSS). Should you experience any log-in or technical issues whilst taking the online course, please contact the Safeguarding Operations Team via email to caasafeoperations@adelaide.catholic.org.au or call 8210 8150 (select option 2). Thankyou in advance for your cooperation and commitment to safeguarding. Your participation in this training is vital in helping create a safe and nurturing environment for all.

Australia Catholic Youth Festival 2025 – Online Information Session



Australia Catholic Youth Festival 2025 – Online Information Session. The Australian Catholic Youth Festival (ACYF) will be held in Melbourne at the Melbourne

Exhibition and Convention Centre (MCEC), from Sunday November 30 to Tuesday December 2.

The festival is open to those in Year 9 and up to 25 years of age, as well as accompanying leaders, teachers, and clergy.

This is an opportunity for Catholic young people to gather and engage in a wide range of activities including prayer, Mass, workshops, talks, live concerts, games and interactive expos.

Check out the ACYF website for announcements on presenters and registration.

Marriage Encounter



Put the spark back into your marriage by making a Worldwide Marriage Encounter Weekend.

Schedule a live-out weekend on 1–2 Nov 2025 at Antonio Catholic School, 8 Bains

Road, Morphett Vale 5162 or book in for a live-in weekend in 2026, at Lyndoch 22-22 Feb or the Adelaide Royal Coach 3-5 July. Call Jo & Jon on 0493 747 478 or email sabookings@wwme.org.au.

Alternatively, visit WWME.org.au and apply online today.

The Southern Cross



The latest edition of the Southern Cross is available at the back of the Church for \$2.00.

CATHOLIC CHARITIES GOLF DAY



The Annual Catholic Charities Golf Day will be played at the Patawalonga Golf Course, Military Rd, West Beach on Monday, 13th October with a shotgun start at 8:00am. A Luncheon will follow the golf at approx. 1:00pm. The event is

an ambrose competition.

Please consider arranging a group of four players to assist with aiding the very worthy cause: Catholic Charities. Alternatively enter as a single player & we will arrange a team for you. Enquiries may be made to Peter McCarthy: Telephone: 0448 017 256 or :pmcc5061@bigpond.com.

Giving App

Download the Adelaide Archdiocese's Find a Mass App on your mobile phone and set up direct giving to the first and second collections, as well as special appeals. Or go to adelaide.goodgiving.com.au to set

up direct giving from your computer.

Please note: 1st, 2nd and Special Collections are available on the app.

The QR code will automatically select the Henley beach parish.

"Missionaries of Hope among all people"



October is Mission Month and Catholic Mission Appeal for 2025 will be held on October 19.

The support of Missionaries around the world and in Australia continues to grow in our Church and need is greater than ever. Our current projects are located in 41 countries and 14 parishes in Australia, with this year's main appeal focus Zambia Please see posters and envelopes on the tables at the back of the church with a QR code for the Appeal.

All Souls' Mass - Centennial Park



Centennial Park extends a warm invitation to All Souls' Mass on Sunday, November 2, at 3pm in their Jubilee Complex Foyer. Come

together to commemorate and remember those who have passed, but who live on in our hearts. All Souls' Mass will be led by Father Anthoni Adimai SdM from St Francis of Assisi Church. Hymns will be performed by soprano singer Teresa La Rocca. You are welcome to bring a photo of your loved one to place at the altar for blessing. More information on the Mass and how to register can be found here: All Souls' Mass Tickets, Sun 02/11/2025 at 3:00 pm | Eventbrite

Healing Mass



Healing Mass Thursday 9th October Rosary 7pm Mass 7:30pm including the Sacrament of Anointing, Exposition of the Blessed Sacrament, Reconciliation, Prayer Ministry with Candlelit music in the Spirit of Taize,

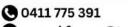
individual blessings with the Blessed Sacrament in the Monstrance, and Benediction.

Tea/Coffee and light supper available.
All Welcome. Enquiries phone Pauline 0403002240

YOUR LOCAL PARISHIONER & LAWYER, GERARD FERRAO

I'm here to help with life's legal matters with care and understanding.

If you have a legal concern, big or small, feel free to reach out. I'm here to help with practical solutions and peace of mind.



gerard.ferrao@taylor-rose.com.au

