

# Our Lady of the Sacred Heart Parish Henley Beach

On the Traditional Lands of the Kurna People

18th SUNDAY in ORDINARY TIME

4th August 2024

Parish Priest: Fr Manu Kumbidiyamackal MSFS

Pastoral Care: Sr Helen Armstrong OLSH

Child safe contact Person: Jane Sage 0435062071

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Website: [www.henleybeachparish.com.au](http://www.henleybeachparish.com.au)

Office Hours: Mon & Tues: 9am–12pm;  
Wed & Thurs: 9am–2pm;  
Fri: 9am–3pm.



Star of the Sea Primary School: Phone: 8115 7400 Email: [info@star.catholic.edu.au](mailto:info@star.catholic.edu.au)

Web: <https://www.star.catholic.edu.au/news-events/enewsletters>

**Mass Times:** Monday 8 pm Candlelit Mass

Tues: 9:15am, Wed: 8:00am, Thurs & Fri: 9:15am, Reconciliation Saturday 8:45am – 9:10am

Sat 9:15am (qualifies as a Sunday Mass); Vigil Saturday 6:00pm; Sunday 9.30am; 5:30pm

## COMING UP:

### Knit & Natter

Thursday  
8th August

### Blokes Luncheon

Friday  
16th August

### Rosary

Tuesdays 2 pm

### Healing Mass

Thursday  
8th August  
7pm

## Readings

### 18th SUNDAY in ORDINARY TIME

Ex 16: 2-4, 12-15  
Ps 77: 3-4, 23-25, 54  
Eph 4: 17, 20-24  
Jn 6: 24-35

### 19th SUNDAY in ORDINARY TIME

1 Kg 19: 4-8  
Ps 33: 2-9  
Eph 4: 30 - 5: 2  
Jn 6: 41-51

## Jesus: Our Bread of Life and Nourishment



As human beings, we hunger for many things besides food and material possessions. We hunger to be recognized and honoured, to love and be loved, to be listened to and to be appreciated, to help, console and encourage people and receive gratitude. But only God can satisfy our various forms of spiritual hunger. St. Augustine said: "O God, You have made us for Yourself, and our hearts are restless until they rest in You" (Confessions, I, 1.). Today's readings challenge us to trust in the providence of a loving and caring God and to hunger and thirst for the Bread of eternal life; the Holy Eucharist. The first reading shows us how God satisfied the hunger of His chosen people in the desert by giving them manna and quail. The restrictions imposed by God for the collecting of manna remind us to trust that God will always provide for our needs. Sometimes we have to be stripped of our usual sources of support in order to be reminded that our ultimate sustenance comes only from God, and then to acknowledge humbly our total dependence on God. Today's Responsorial Psalm, refers to manna as "Heavenly bread" and the "bread of angels" which God provided for Israel and provides for us today. In the second reading, St. Paul advises the Ephesians to satisfy their spiritual hunger by turning away from their former evil ways and leading lives of love, kindness, compassion and forgiveness. Paul reminds us that our acceptance of Jesus as the real source of our life and the nourishment of our souls effects a total transformation in us. Having been fed on the Bread from Heaven, we need to put aside our old selves and put on a new self, created in Christ's image. Having been nourished by the word of God, we need to bear witness to Christ by living lives renewed by the Holy Spirit. In today's Gospel, Jesus makes the unique and bold claim: "I am the Bread of Life; whoever comes to Me will never hunger, and whoever believes in Me will never thirst." When Jesus invited those who sought after him to be fed spiritually, some accepted the nourishment. But others turned away, disappointed because Jesus' challenge required a commitment that they were unwilling to make.


In reply to Jesus' claim that He was the Messiah sent from Heaven to give eternal life to those who believed in Him, the Jews demanded a sign from Heaven. Moses, they said, had given a Heavenly sign to their ancestors in the manna rained down on them from Heaven. The Jewish rabbis taught that the Messiah would repeat the miracle of manna and the prophet Jeremiah would reappear and unearth the Ark of the Covenant from its hidden place to show the Jews the original manna kept in the Ark.

Cont...

Jesus corrected their understanding of Exodus 16:15 by stating that it was not Moses but God, who had given, and continued to give, bread from Heaven. Jesus is apparently speaking to two groups: those who witnessed the miracle of the loaves (last Sunday's Gospel) and those who had not seen the miracle but had heard about it and wanted to see a similar sign as proof. Jesus tells the former group that there is something much deeper in this event than "perishable food" being multiplied; the real "food" is his own Body later to be offered on the cross and glorified by Resurrection, and the word of God proclaimed, its power and authority manifested in the miracles of the loaves. Jesus reminds the latter group who seek a sign as the Israelites sought a sign from Moses, that it was not Moses himself but God working through Moses Who provided food in the form of manna. The same God has given His people new bread for the new covenant.

Jesus not only gives the Bread of Life (John 6:11, 27); He is the Bread of Life (John 6:35, 48). The Giver and the Gift are one and the same. As the Bread of Life from Heaven, Jesus claims that only he can satisfy the spiritual hunger of human beings. While bodily food helps us to stay alive in this world, spiritual food sustains and develops our supernatural life which will last forever in heaven.

In the Holy Mass, the Church offers us two types of bread: a) the Bread of Life, contained in God's Word and b) the Bread of Life, contained in the Holy Eucharist. Let us nourish our souls with this Heavenly manna and carry Jesus to our homes and workplaces and other places where we move around, radiating God's love, mercy and compassion all around us. It is perhaps the plainness and ordinariness of the consecrated Bread and Wine and their easy availability in our Churches that sometimes prevent some of us from appreciating the great gift of God in the Holy Eucharist. But we should not take for granted the Divine generosity that provides these gifts so readily and gratuitously by sharing in the Bread of Life simply as a matter of habit and without showing due attention and proper respect. Let us never forget that the "Bread of Life" is Jesus Christ himself. Jesus in the Eucharist is food for our souls giving us a share in God's life.



### Planned Giving Receipts

Reminder to collect your Planned Giving Receipts for 2023/2024.

There are still many Planned Giving Receipts to collect. Please collect yours and deliver to anyone that lives near you to save on costs for postage.

### Police Checks Updating

Please contact Jane Sage 0435 062 071 if your Working with Children Police Check needs updating, as Ivy Hill will be away.

### Healing Mass

Healing Mass Thursday 8th August Rosary 7pm Mass 7:30pm including the Sacrament of Anointing, Exposition of the Blessed Sacrament, Reconciliation, Prayer Ministry with Candlelit music in the Spirit of Taize, individual blessings with the Blessed Sacrament in the Monstrance, and Benediction.

Tea/Coffee and light supper available. All welcome Enquiries phone Pauline 0403002240

### Please Remember in Your Prayers this Week:

#### Recently Deceased:

Jozef Klimkiewicz, Francis Kevin Morrissey, Maxine Wheatley, Brian Sheehy, Carmel Fitzgerald, Matthew Vasileff, Les Brksy, Marian Weldon, Maureen Lally, Mary Quinn, Mark Mc Carthy, Pierre Chehade, Charlie Seal, Alida Mendes, Patricia Kearns, Margaret Gleeson, Norah Carey, Margaret Graney,

#### Anniversaries

Rosa Cannella

#### Sick Parishioners

Aduzinda Matthews, Nicholas Cutajar, Annette Smith, Brian Fitzgerald, Margaret O'Connor, Peter Tierney, Age Selita, Sonia Bennie, Amelia D'Aloia, Terry Cashin, Pat Berti, Rene Young, Mary Kennedy, Sharon Barber, Brendan Taylor, Rose Oteng, Julie Green, Noel Hocking, Maria Tinus, Brian Barden, Joan Dignan.

### The Southern Cross



The latest edition of the Southern Cross is available at the back of the Church. Cost \$2.00.

### Blokes Luncheon



Is arranged for FRIDAY, 16 August 2024 at 12.15 pm at the HENLEY HOTEL, Esplanade, Henley Beach. Please ENTER YOUR NAME ON THE ATTENDANCE SHEET which is located on the table at the back of the church.

### Baptisms in our Parish



We welcome into our Parish Community Patrick being baptised this weekend. Please keep him and his family in your prayers.

**RESPONSORIAL PSALM The Lord gave them bread from heaven.**

## Stewardship Reflection 18th Sunday in Ordinary Time

*"Each day the people are to go out and gather their daily portion; thus, will I test them, to see whether they follow my instructions or not." EXODUS 16:4*

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego lead to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs". Living a grateful and generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

## Planned Giving Envelopes

You will notice that your new set of Planned Giving Envelopes has changed. **The envelopes are now only for your Planned Giving contribution.** This is for the Parish. There is no perforation to split your contributions. Please place your envelope in the Second Collection (baskets).

Donations for Diocesan Presbytery Fund (Priests) are to be placed in the First Collection (bowl). Envelopes are no longer provided for this collection.

There are other options to support the Clergy. The bulletin contains further information about online giving options. Alternatively, there are forms at the back of the church to complete and mail to the Diocesan Presbytery Fund.

Please do not hesitate to contact the Parish Office should you have any questions. Thank you

## Vinnies 2024 Peoples Choice Community Lottery

Please support us by buying tickets in this fantastic lottery!

**Log on:** People's Choice Community Lottery

**Click on:** Buy Tickets

**Type in:** Henley Beach Click on: Search

**Click on:** Henley Beach Conference St Vincent de Paul Society SA

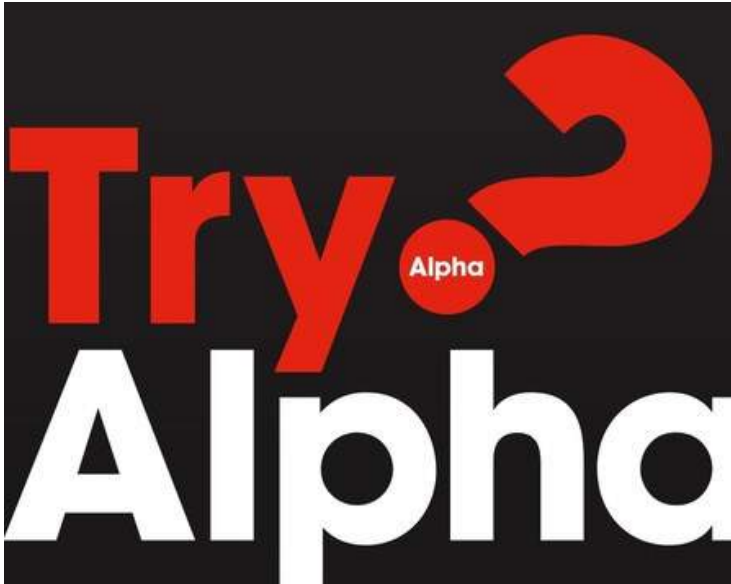
When you buy a ticket in the Community Lottery, every dollar from your purchase will come directly back to us. Please refer to the People's Choice web page for the list of fantastic prizes to be won!

## Drake's Community Dollars Program

The Community Dollars Program was established as a way for Drakes to regularly give back to the local groups which operate in our community.

If you shop at Drakes grab a Drake's Community Dollars key tag. Available at the back of the church. Then simply present it to the checkout operator at a participating Drakes store for every \$2.00 spent 1c will be accredited to Vinnies fund.

This helps out Vinnies Henley Beach.




# Try Alpha

Starting August 14th 2024, 7-9pm  
Henley Beach Parish Hall,  
420 Seaview Road, Henley Beach

Alpha is a safe space to explore life, purpose and the Christian faith, ask questions, and share your point of view. Alpha is free and everyone is welcome. Free dinner provided!

Find out more and register here:  
[Henley/Alpha.com](https://Henley/Alpha.com)  
or scan the QR code



## National Vocation Awareness Week



This Sunday throughout the Church in Australia we celebrate National Vocations Awareness Week. This week we affirm and pray for all the baptized who are uniquely called by God. We acknowledge the Single Life, Married Life and Family Life, as well as all Lay Ministries within the Church. Please note that next weekend there will be a leaving collection for vocations.

## Please Note



Fr Manu will be out of town from 13th to 19th August. In view of this on **Tuesday 13th August (at 9.15am)** and **Wednesday 14th August (8.am)** there will be **Liturgy of the Word with Holy Communion.**



## Feast of the Assumption

There will be a Mass on Thursday 15th August at 9.15am and 7pm.

## Feast of Mary Mackillop August 8th

9.15am Mass

**GOSPEL ACCLAMATION: Alleluia, Alleluia! No one lives in bread alone, but on every word that come from the mouth of God. Alleluia!**

## Office & Presbytery Fire Alarm System

As a security upgrade the Office and Presbytery is now alarmed with a monitored security alarm after office hours. If you need access to the office out of office hours please contact us in advance. 8356 8888

## Devotion to Our Lady

The First 5 Saturdays:

Dates: 1 June, 6 July, 3 August, 7 September.

Time: 8:00am Holy Rosary

8:15am Meditation on the Mysteries

8:30am Confession

9:15am Holy Mass and Holy Communion



## Caring for our Place of Worship

our parish church and hall was steam cleaned by professional cleaners at the cost of \$1,800.00. Much time was spent trying to remove **candle grease and coffee stains and food** from the beautiful carpet.



Let us then resolve to care for this sacred space by not eating or drinking anything that could stain or damage the carpets and/or church furniture.

If you light a candle at Our Lady's altar it must be **extinguished BEFORE** you leave the church building.

This is required for insurance purposes.

Thank you in advance for your care and cooperation

## Please Note Candlelit Mass



Please note that Candlelit Mass is held every Monday at 8pm, except on Public Holidays when there is no Mass.

## Coming Celebrations - Please pray for us



Some of the young people from our parish who attend Star of the Sea, St Michael's and our local State schools are preparing to celebrate the SACRAMENTS of CONFIRMATION and HOLY EUCHARIST in September.

Kindly remember to pray for them as they prepare for these special days.

## Opportunities for Business Promotions



The Parish Finance Council would like to advertise businesses owned by our parishioners in the parish bulletin for a minimal cost. If you would like to do this please contact the parish office.

It will be a mutual help in presenting your business to the parishioners, making connections with fellow parishioners and a financial help to the parish.

## Children's Liturgy of the Word (CLOW) @ 9.30am Mass



Our CLOW team offers the youngest members of our Parish an opportunity to connect with the Gospel during each Sunday morning mass, in the Church Hall. Anyone wanting to join the CLOW team is invited to contact Barb Conlon.

## Our Parish is a Child Safe Organisation



We are a Child Safe Organisation which is committed to the care, wellbeing and protection of children and young people. We believe that all God's children and young people have the right to be healthy and safe, and to have their voice heard, respected and valued. A Safe Environment for All.

To find out more about our child safe policies and procedures please contact the Parish Office or the Archdiocesan Child Protection Unit on 8210 8159.

## Giving App



Download the Adelaide Archdiocese's Find a Mass App on your mobile phone and set up direct giving to the first and second collections, as well as special appeals.

Or go to [adelaide.goodgiving.com.au](http://adelaide.goodgiving.com.au) to set up direct giving from your computer.

Please note: 1st, 2nd and Special Collections are available on the app.

The QR code will automatically select the Henley beach parish.

THIN & CRISPY  
QUALITY INGREDIENTS

**LA REGINA PIZZERIA**

PIZZA-PASTA-RIBS  
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Pizza?? Oh Yeah!!

SCAN ME