

Our Lady of the Sacred Heart Parish Henley Beach

On the Traditional Lands of the Kaurna People

27th Sunday in Ordinary Time

12th October 2025

Parish Priest: Fr Mark Sexton

Pastoral Care: Sr Helen Armstrong OLSH

Child safe contact Person: Jane Sage 0435062071

Alpha Programs Director: Barb Conlon

After hours Emergency Only: 0437 216 095

Vinnies Emergency Hotline: 1300 729 202

Henley Beach Parish Office: 420 Seaview Road,
Henley Beach

Ph: 8356 8888

Email: welcome@henleybeachparish.com.au

Website: www.henleybeachparish.com.au

Office Hours: Mon & Tues: 9am–12pm;
Wed & Thurs: 9am–2pm;
Fri: 9am–3pm.



Star of the Sea Primary School: Phone: 8115 7400 Email: info@star.catholic.edu.au

Web: <https://www.star.catholic.edu.au/news-events/enewsletters>

Mass Times: Monday 8 pm Candlelit Mass (except on Public Holidays)

Tues: 9:15am, Wed: 8:00am, Thurs & Fri: 9:15am, Reconciliation Saturday 8:45am – 9:10am

Sat 9:15am (qualifies as a Sunday Mass); Vigil Saturday 6:00pm; Sunday 9:30am; 5:30pm

COMING UP:

Knit & Natter

Thursday
16th October
10am - 12 noon

Henley Parish Pilgrimage

Saturday 8th October
9am–5pm

Pave the Way St Michael's College

Saturday 25th October
6.30pm–11.59pm

Blokes Lunch

Friday
21st November

Readings

28th SUNDAY in ORDINARY TIME

2Kg 5: 14-17

Ps 97: 1-4

2 Tim 2: 8-13

Lk 17: 11-19

29th SUNDAY in ORDINARY TIME

Ex 17: 8-13

Ps 120

2 Tim 3: 14– 4:2

Lk 18: 1-8

28th Sunday in Ordinary Time, Yr C

Jesus and the disciples are on the way to Jerusalem, as they are for half of Luke. Jesus knows he is on his way to the end – and a beginning!

In this period, and for most of history, 'leprosy' was a catch-all term for a range of skin diseases. It was terrifying and the only treatment available was to isolate the affected. It – and they - were objects of fear and, all too often, loathing. The closest parallel I can think of, for those of us old enough to remember, is the panic around HIV/AIDS, when it first hit public awareness.

A good question for us to reflect on is – who, or what are our lepers? Who do we shun – and why?

Or maybe – who might we be lepers to?

Fr Mark



Standard Mental Health First Aid

The Standard Mental Health First Aid course teaches participants how to provide initial support to another adult who may be experiencing a mental health problem or mental health crisis, until professional help is received or the crisis resolves.

Course participants learn about the signs and symptoms of common mental health problems in adults, how to recognise and respond to an emerging or worsening mental health problem and the treatments and supports available.

Intervene early
Recognise the warning signs of mental health problems in other adults.

Offer support
Learn the skills to speak openly and accurately about mental health.

Respond in a crisis
Respond across a range of crisis situations where an adult may be at risk of harm.

Reduce stigma
Reduce stigma and increase support for adults experiencing and living with mental health problems.

Why attend a Standard Mental Health First Aid training course?

Improve knowledge
Evaluations consistently show that by attending a course, participants improve their knowledge of mental illnesses, their treatments and appropriate first aid strategies.

Improve confidence
Course participants report improved confidence in providing first aid to individuals.

Anyone can have a conversation that may save a life. Everyone should know how.

What you'll learn

Learn how to apply mental health first aid to adults across a range of common mental health problems and crisis situations, including:

- Depression
- Anxiety
- Psychosis
- Substance use problems
- Suicidal thoughts and behaviours
- Panic attacks
- Non suicidal self-injury
- Traumatic events

Become an MHFAider

Adults who complete the course become Mental Health First Aiders (MHFAiders), equipped with the knowledge, confidence, and skills to provide someone with mental health information and support when it matters most.

Complete a short assessment at the end of the course to become an Accredited Mental Health First Aider (MHFAider). Accreditations are valid for 3 years.

Face-to-Face Training:

2 x 6-hour sessions over 2 days

WHERE:

Cathedral Hall, Wakefield Street, Adelaide

WHEN:

- Friday 10th October 9:30am – 4:30pm
- Friday 17th October 9:30am – 4:30pm

- **Must attend both full days to become an accredited Mental Health First Aider.**
- **Training suitable for adults (aged 18+)**
- **Lunch and refreshments provided**

ENROL:

Email or call Clare Beckingham (MHFA Licensed Instructor)

cbeckingham@adelaide.catholic.org.au
(08) 8210 8232



Archdiocesan Synod Formation Sessions Available Online

All are invited to prepare for the 2026 Archdiocesan Synod by engaging with the online Synod Formation Series featuring experts and guest presenters from across the globe.

Each online session includes a video presentation, reflection worksheet, and links to additional resources and study materials on a variety of topics.

To access the Synod Formation Series information on upcoming sessions, and visit www.togetherontheway.au/formation-sessions or contact Peter Bierer (pbierer@adelaide.catholic.org.au)

Baptisms in our Parish



We welcome into our Parish Community Ava, Marley and Oscar who are being baptised this weekend.

Please keep them and their families in your prayers.

Working with Children - Police Check.

Ivy Hill has returned from overseas.

If you need to renew your WWC check please call Ivy on 0413 081 421.

Thank you



Save the DATE! Henley Parish Pilgrimage

Saturday 8 Nov 2025
9am-5pm from OLSH
By BUS ... \$50 pp
Wait for more details and registration

Knit & Natter



Knit and Natter will have a break during the school holidays.

Our next get together will be 16th October
Carmel Kay 0499 907 011

Please Remember in Your Prayers this Week:

Recently Deceased

Jude Sowerbutts, Helen Woodall, Margaret Hillary, Thomas Wharton, Peter Tierney, Cliff Daniels, Len Manuel, Liz Campbell, Wendy Boeyen, Sean Kennedy, Maria Tinus, Don Newham,

Anniversaries

Paula Collinson, George Papillo, Beryl D'Monte.

Sick Parishioners

Chris Capaldo, Carmel Jungfer, Sani Strehovski, Aduzinda Matthews, Antienta and Richard Nazar, Nicholas Cutajar, Sani Strehovski, John Boeyen, Graham Blacket, Brian Fitzgerald, Margaret O'Connor, Sonia Bennie, Amelia D'Aloia, Rene Young, Brendan Taylor,

RESPONSORIAL PSALM: The Lord has revealed to the nations his saving power.

Pave the Way – Parish Social Event October 25 2025 6.30 – 10.30 pm We Need You

Our Pave the Way Parish Social Event is 14 days away! Let's get involved to have a fantastic night – with all proceeds going to the creation of a safe accessible car park.

What a night it will be – music, dancing, raffles and a silent auction. Bring your own plate and/or enjoy a bar-be-que provided and supplied by the staff and students of St Michael's College.

Book your tickets now – either via the QR code which is on the sheets at the back of the church or by buying tickets at the office.

Get Involved!!
Sponsors wanted

We are keen for local businesses or families to be involved through sponsorship! Please contact the Parish Office on 83568888 to discuss the options and opportunities to support this function.

Pregnancy Help Australia

If you have a heart for women experiencing a crisis pregnancy or grieving after loss, this may be the perfect opportunity for you to make a real difference.

We are looking for compassionate, non-judgmental listeners to join our National Helpline Support Team.

For more information email info@pregnancyhelpaustralia.org.au or check out our website: [Pregnancy Help Australia - Home](https://pregnancyhelpaustralia.org.au)

28th Sunday in Ordinary Time

"Has none but this foreigner returned to give thanks to God?" Luke 17:18



Most of us live relatively "easy" lives. We have food, shelter, clothing, and money. Most of us go on a holiday every year and own a car or two. Most of us take this all for granted.

Did you ever notice that people with the least number of possessions are usually the most grateful? Shouldn't this be the other way around?

Take time every day and thank God for all He has given you and discern how He is calling you to share your gifts.

World Community for Christian Meditation Australia Gathering

The World Community for Christian Meditation Australia will have an in-person national gathering on Friday evening November 28 7pm to Saturday November 29 3.30pm at St Saviour's Anglican Church, 596 Portrush Road Glen Osmond. The theme is 'Simplicity of Stillness: living into Mystery with Meister Eckhart'.

The speaker is Mark Burrows, an award-winning poet, translator and scholar in medieval mysticism. He has led retreats for WCCM in Bonnevaux, and various events for Spiritual Directors International.

Further information and registration forms at <https://wccmaustralia.org.au/>

Safeguarding Essentials Course for all Parishioners



Thank you to all our Volunteers for your dedication and contribution to our Parish. Your involvement and commitment is very much appreciated. As part of our efforts to ensure the safety and well-being of those we serve, it is required that all volunteers complete the

mandatory Safeguarding Essentials Course.

If you prefer to undertake the training face-to-face rather than online, please contact the Parish Office to be notified of upcoming training dates.

The completion of this course is a requirement for you to be eligible to provide ministry or service to the Archdiocesan Parishes and Communities. Additionally, completing will help our organisation meet its legal obligations and comply with the requirements set forth by the National Catholic Safeguarding Standards (NCSS). Should you experience any log-in or technical issues whilst taking the online course, please contact the Safeguarding Operations Team via email to caasafeoperations@adelaide.catholic.org.au or call 8210 8150 (select option 2). Thankyou in advance for your cooperation and commitment to safeguarding. Your participation in this training is vital in helping create a safe and nurturing environment for all.



CHARIS SA

Invites you to

ENCOUNTER JESUS

The next day Jesus decided to go to Galilee. He found Philip and said to him, "Follow me."
John 1:43-46



Scan to register



FR. STEVE TYNAN MGL

**SATURDAY 25 OCTOBER 2025
10AM - 3:30PM**

ST PETER CLAVER CATHOLIC CHURCH
8 STUART RD, DULWICH SA 5065

Call 0407060715 www.charis-sa.org

LUNCH PROVIDED. DONATIONS WOULD BE APPRECIATED TO HELP COVER EVENT EXPENSES.

GOSPEL ACCLAMATION: Alleluia, alleluia! For all things give thanks to God, because this is what he expects of you in Christ Jesus. Alleluia!

Australia Catholic Youth Festival 2025 – Online Information Session



Australia Catholic Youth Festival 2025 – Online Information Session. The Australian Catholic Youth Festival (ACYF) will be held in Melbourne at the Melbourne Exhibition and Convention Centre (MCEC), from Sunday November 30 to Tuesday December 2.

The festival is open to those in Year 9 and up to 25 years of age, as well as accompanying leaders, teachers, and clergy.

This is an opportunity for Catholic young people to gather and engage in a wide range of activities including prayer, Mass, workshops, talks, live concerts, games and interactive expos.

Check out the ACYF website for announcements on presenters and registration.

“Missionaries of Hope among all people”



October is Mission Month and Catholic Mission Appeal for 2025 will be held on October 19 Which is next weekend.

The support of Missionaries around the world and in Australia continues to grow in our Church and need is greater than ever. Our current projects are located in 41 countries and 14 parishes in Australia, with this year's main appeal focus Zambia Please see posters and envelopes on the tables at the back of the church with a QR code for the Appeal,

Keeping in Shape



Are you exercising and dieting, jogging, swimming, and playing tennis to stay fit and trim? What are you doing to keep your marriage in good shape? Why not try a Worldwide Marriage Encounter live-out weekend on 1–2 Nov 2025 at Antonio Catholic School, 8 Bains Road, Morphett Vale 5162 or book in for a live-in weekend in 2026, at Lyndoch 22-22 Feb or the Adelaide Royal Coach 3-5 July.

For more details email sabookings@wwme.org.au or contact Jo & Jon on 0493747478 for more information. Alternatively, visit wwme.org.au and apply online today.

All Souls' Mass - Centennial Park



Centennial Park extends a warm invitation to All Souls' Mass on Sunday, November 2, at 3pm in their Jubilee Complex Foyer. Come together to commemorate and remember those who have passed, but who live on in our hearts. All Souls' Mass will be led by Father Anthoni Adimai SdM from St Francis of Assisi Church. Hymns will be performed by soprano singer Teresa La Rocca. You are welcome to bring a photo of your loved one to place at the altar for blessing. More information on the Mass and how to register can be found here: All Souls' Mass Tickets, Sun 02/11/2025 at 3:00 pm | Eventbrite

Catholics and other faiths

Celebrating the 60th Anniversary of Nostra Aetate (Vatican II document) Why is Vatican II's declaration on other religions considered a landmark in Catholic teaching? What are the major developments of the last sixty years? Webinar, Thursday October 23 from 7-8pm

Speaker: Dr Stephen Downs, Chair, Diocesan Ecumenical and Interfaith Commission.

Remembrance of the Shoah

Monday November 10 at 7pm in Cathedral of St Francis Xavier.

All are welcome to commemorate the events of the Shoah. You will be moved by the stories shared and the beautiful voices of the Jewish Communities Choir who will lead the service.

For more information, contact Archdiocesan Events on 8210 8220 or email events@adelaide.catholic.org.au

The Southern Cross



The latest edition of the Southern Cross is available at the back of the Church for \$2.00.

Giving App

Download the Adelaide Archdiocese's Find a Mass App on your mobile phone and set up direct giving to the first and second collections, as well as special appeals. Or go to adelaide.goodgiving.com.au to set up direct giving from your computer.



Please note: 1st, 2nd and Special Collections are available on the app. The QR code will automatically select the Henley beach parish.

YOUR LOCAL PARISHIONER & LAWYER, GERARD FERRAO

I'm here to help with life's legal matters with care and understanding.

If you have a legal concern, big or small, feel free to reach out. I'm here to help with practical solutions and peace of mind.



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