

Our Lady of the Sacred Heart Parish Henley Beach

On the Traditional Lands of the Kurna People

19th SUNDAY in ORDINARY TIME

11th August 2024

Parish Priest: Fr Manu Kumbidiyamackal MSFS

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Office Hours: Mon & Tues: 9am–12pm;
Wed & Thurs: 9am–2pm;
Fri: 9am–3pm.



Star of the Sea Primary School: Phone: 8115 7400 Email: info@star.catholic.edu.au

Web: <https://www.star.catholic.edu.au/news-events/enewsletters>

Mass Times: Monday 8 pm Candlelit Mass

Tues: 9:15am, Wed: 8:00am, Thurs & Fri: 9:15am, Reconciliation Saturday 8:45am – 9:10am

Sat 9:15am (qualifies as a Sunday Mass); Vigil Saturday 6:00pm; Sunday 9.30am; 5:30pm

COMING UP:

Knit & Natter

Thursday
22nd August

Blokes Luncheon

Friday
16th August

Rosary

Tuesdays 2 pm

Alpha Youth

Sunday
18th August

Feast of the Assumption Mass

Thursday
15th August
9.15am & 7pm

Readings

19th SUNDAY in
ORDINARY TIME

1 Kg 19: 4-8
Ps 33: 2-9
Eph 4: 30 - 5: 2
Jn 6: 41-51

20th SUNDAY in
ORDINARY TIME

Prov 9: 1-6
Ps 33: 2-3,10-15
Eph 5: 15-20
Jn 6: 51-58

Jesus the Bread of Life



We are living in a world where people of all races and creeds hunger more for spiritual sustenance than for physical food. In response to the spiritual hunger of people in his own day, Jesus, in today's Gospel passage from John 6, proclaims himself to be "the Bread of Life that came down from heaven." The sixth chapter of the Gospel of John, which contains Jesus' teaching on the Eucharist, begins with Jesus' miraculous feeding of the five thousand hungry listeners in a deserted place to satisfy their physical hunger. Today's Gospel offers us part of Jesus' discourse in the synagogue at Capernaum on his return after his miraculous feeding of the five thousand. During the discourse, Jesus reveals himself as the true "Bread of Life that came down from Heaven," to give life to the world. "Manna" was God's gift rained down "from Heaven" upon the Israelites to prolong their earthly life. Jesus proclaims himself the new and perfect manna, the Incarnate Son of God, literally "come down from Heaven." But some of those who had just witnessed Jesus' ability to supply them with earthly food would turn away when he explained the source of his mysterious power and his Heavenly origin.

Jesus makes a series of unique claims in today's Gospel passage: 1) "I am the Living Bread that came down from Heaven." 2) "I am the Bread of Life." 3) "The Bread that I will give is My Flesh for the life of the world." 4) "No one can come to me unless the Father Who sent me draw him." 5) "I will raise him on the last day." 6) "No one has seen the Father except the one who is from God." Jesus' Jewish listeners could hardly contain themselves when Jesus claimed to be the "Bread of Life" who "came down from Heaven". They thought they knew his father and mother, and saw him as just another hometown boy; a carpenter by profession. Those listening to Jesus began to "murmur" and then complain against Jesus and his gifts of Heavenly Bread even as the ancient Israelites began to "murmur" or "complain" against Moses; first out of hunger (Exodus 16:2,7,12), then against the monotony of the manna diet (Numbers 11:4-6). Like the Israelites, we, too, complain when God fails to meet our expectations. Since the Exodus, manna has been the symbol of God's providence and love for the Jewish people. Jesus knew that the Jews were upset about his explanation and He challenged the Jews to take a journey of Faith by seeing him, not as the son of Joseph, but as the one who came down from Heaven. Jesus told his listeners, and tells us, that everyone who has become his follower has done so because God the Father has called him or her to Jesus. Faith is a gift.

Cont...

As Jesus, the "Bread of life," has given and still gives "Life" to the world through his selfless compassion for, and humble servanthood to, others, we, too, can give that "Life to the world" when we look beyond our own needs and security to the good of others, giving from our treasure and even from our poverty, nourishing one another in the love, compassion and selflessness of the Gospel of Jesus.

We need to accept the "Real Presence" of Jesus in the Holy Eucharist as an inspiring challenge. Based on sound tradition and the centuries-long teaching of the Magisterium, the Roman Catholic Church has consistently held fast to the belief in the Real Presence. The Catechism of the Catholic Church states: "The mode of Christ's presence under the Eucharistic species is unique. It raises the Eucharist above all the other sacraments as the perfection of the spiritual life and the end to which all sacraments tend." In this most blessed Sacrament of the Eucharist "the Body and Blood, together with the soul and Divinity, of our Lord Jesus Christ and, therefore, the whole Christ, is truly, really, and substantially contained" (CCC #1374). The Fathers of the Church explain that, while ordinary food is assimilated into humans, the very opposite takes place in Holy Communion. Here we are assimilated into Jesus, the Bread of Life. Hence, let us learn to receive Jesus, really present in the Eucharist, with due reverence, proper preparation and grateful hearts, remembering that Holy Communion increases our intimate union with Christ, and strengthens the divine virtue of Charity in us, thus enabling us to be separated from our disordered attachments and to be rooted in Christ. Thus, Holy Eucharist unites us more deeply to the mystery of the Church. We need to appreciate God's love for us expressed in the Holy Eucharist.

Therefore, we need to eat the Living Bread from Heaven and be one with Jesus. Thus, we shall share in the joyous and challenging life of being the Body of Christ for the world; Bread for a hungry world, and Drink for those who thirst for justice, peace, fullness of life, and even eternal life. Let us unite with him by offering our lives to him so that He ministers to the world through us. As Pope St. John Paul II pointed out in Ecclesia de Eucharistia, "The Second Vatican Council rightly proclaimed that the Eucharistic banquet of Mass is 'the source and summit of the Christian life'."



Planned Giving Receipts

Reminder to collect your Planned Giving Receipts for 2023/2024.

There are still many Planned Giving Receipts to collect. Please collect yours and deliver to anyone that lives near you to save on costs for postage.

Regarding the Memorial Cards on the wall near the memorial garden.

Due to the lack of space on the board of remembrance near the memorial garden, some memorial cards will be removed. They will be kept in the office for a short period in case family members wish to keep them.



SAFETY FIRST

Please remember the carparks are shared zones and for safety

The Southern Cross



The latest edition of the Southern Cross is available at the back of the Church. Cost \$2.00.

Blokes Luncheon



Is arranged for FRIDAY, 16 August 2024 at 12.15 pm at the HENLEY HOTEL, Esplanade, Henley Beach. Please ENTER YOUR NAME ON THE ATTENDANCE SHEET which is located on the table at the back of the church.

Police Checks Updating

Please contact Jane Sage 0435 062 071 if your Working with Children Police Check needs updating, as Ivy Hill will be away.

Please Remember in Your Prayers this Week:

Recently Deceased:

Jozef Klimkiewicz, Francis Kevin Morrissey, Maxine Wheatley, Brian Sheehy, Carmel Fitzgerald, Matthew Vasileff, Les Brksy, Marian Weldon, Maureen Lally, Mary Quinn, Mark Mc Carthy, Pierre Chehade, Charlie Seal, Alida Mendes, Patricia Kearns, Margaret Gleeson, Norah Carey, Margaret Graney,

Anniversaries

Veda Peters

Sick Parishioners

Aduzinda Matthews, Nicholas Cutajar, Annette Smith, Brian Fitzgerald, Margaret O'Connor, Peter Tierney, Age Selita, Sonia Bennie, Amelia D'Aloia, Terry Cashin, Pat Berti, Rene Young, Mary Kennedy, Sharon Barber, Brendan Taylor, Rose Oteng, Julie Green, Noel Hocking, Maria Tinus, Brian Barden, Joan Dignan.

Baptisms in our Parish



We welcome into our Parish Community Archer, Bodhi, Harlow, and Sarah being baptised this weekend. Please keep them and their families in your prayers.

RESPONSORIAL PSALM Taste and see the goodness of the Lord.

Stewardship Reflection 19th Sunday in Ordinary Time

"Get up and eat or the journey will be too much for you!"
1 KINGS 19:7

God knows that committing to a stewardship lifestyle is difficult. However, we were not designed to do it on our own, we need God's help. Fortunately, God gave us the greatest gift of all, His son, Jesus. Through the gift of the Eucharist, we unite our sacrifice with Jesus' sacrifice to do the will of God, Our Father. We receive the strength and courage to be His missionary disciples.

Planned Giving Envelopes

You will notice that your new set of Planned Giving Envelopes has changed. **The envelopes are now only for your Planned Giving contribution.** This is for the Parish. There is no perforation to split your contributions. Please place your envelope in the Second Collection (baskets).

Donations for Diocesan Presbytery Fund (Priests) are to be placed in the First Collection (bowl). Envelopes are no longer provided for this collection.

There are other options to support the Clergy. The bulletin contains further information about online giving options. Alternatively, there are forms at the back of the church to complete and mail to the Diocesan Presbytery Fund.

Please do not hesitate to contact the Parish Office should you have any questions. Thank you

SAVE THE DATE ALPHA YOUTH Soft Launch



Alpha Youth @ Henley Sunday evenings following 5:30pm mass. Starts on 18th August. Register your interest using the QR code. Details see poster. Printed invites at the back of the church

Blessing of milestone Wedding Anniversaries - Sunday September 15

Celebrations for milestone wedding anniversaries in the Archdiocese will again be held in local parish communities to recognise couples in their life-long commitment. The Archdiocese will provide parishes with a digital resource via email. In addition to the resource, there will be a digital form for parishes to nominate married couples who are celebrating significant anniversaries to receive a certificate for presenting in their parish. For more information contact Archdiocesan Events on 8210 8220 or events@adelaide.catholic.org.au


Try Alpha

Alpha

Starting August 14th 2024, 7-9pm
Henley Beach Parish Hall,
420 Seaview Road, Henley Beach

Alpha is a safe space to explore life, purpose and the Christian faith, ask questions, and share your point of view. Alpha is free and everyone is welcome. Free dinner provided!

Find out more and register here:
Henley/Alpha.com
or scan the QR code



National Vocation Awareness Week



Today is the second weekend of National Vocation Awareness Week. In the context of the call to all the baptized we especially pray for an increase in vocations to the Consecrated Life of Sisters and Brothers, to the Diaconate and to the Priesthood. After Holy Communion today there will be a Special Collection for the promotion of Vocations.

Please Note



Fr Manu will be out of town from 13th to 19th August. In view of this on **Tuesday 13th August (at 9.15am)** and **Wednesday 14th August (8am)** there will be **Liturgy of the Word with Holy Communion.**



Feast of the Assumption

There will be a Mass on Thursday 15th August at 9.15am and 7pm.

GOSPEL ACCLAMATION: Alleluia, Alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live forever. Alleluia!

The Assumption is the oldest feast day of Our Lady.



For 200 years, every memory of Jesus (and Mary) was obliterated from the city, and the sites made holy by His life, death and Resurrection became pagan temples.

After the building of the Church of the Holy Sepulchre in 336, the sacred sites began to be restored and memories of the life of Our Lord began to be celebrated by the

people of Jerusalem. One of the memories about his mother centred around the "Tomb of Mary," close to Mount Zion, where the early Christian community had lived.

On the hill itself was the "Place of Dormition," the spot of Mary's "falling asleep," where she had died. The "Tomb of Mary" was where she was buried. At this time, the "Memory of Mary" was being celebrated. For a time, the "Memory of Mary" was marked only in Palestine, but in the seventh century, it began to be celebrated in Rome under the title of the "Falling Asleep" ("Dormitio") of the Mother of God.

Soon the name was changed to the "Assumption of Mary," since there was more to the feast than her dying. There were no relics of Mary in Jerusalem, since "Mary had died in the presence of the apostles; but her tomb, when opened later . . . was found empty and so the apostles concluded that the body was taken up into heaven." (Council of Chalcedon 451).

In 1950, Pope Pius XII proclaimed the Assumption of Mary a dogma of the Catholic Church.

The Assumption is God's crowning of His work as Mary ends her earthly life and enters eternity. The Assumption looks to eternity and gives us hope that we, too, will follow Our Lady when our life is ended.

Hence an ancient belief and tradition became Catholic doctrine, and the Assumption was declared a truth revealed by God.

Office & Presbytery Fire Alarm System

As a security upgrade the Office and Presbytery is now alarmed with a monitored security alarm after office hours. If you need access to the office out of office hours please contact us in advance. 8356 8888

Aid to the Church in Need

Together we can keep the faith alive - Aid to the Church in Need (ACN) Did you know that across the world tens of millions of Christian families are in exile following persecution because of their faith?

Aid to the Church in Need is a spiritual and pastoral charity which seeks to keep the flame of faith alive in those places where it is at risk of extinction.

Across the weekend of August 24th and 25th , we will welcome to our parish an ACN speaker who will share with us about the work of Aid to the Church in Need and how we can help our suffering and persecuted brothers and sisters. They will also bring a selection of items for sale to support the work of ACN, which can be purchased with cash or EFTPOS.



Aid to the
Church in Need

ACN AUSTRALIA NEW ZEALAND



Devotion to Our Lady

The First 5 Saturdays:

Dates: 1 June, 6 July, 3 August,
7 September.

Time: 8:00am Holy Rosary

8:15am Meditation on the Mysteries

8:30am Confession

9:15am Holy Mass and Holy Communion



Children's Liturgy of the Word (CLOW) @ 9.30am Mass



Our CLOW team offers the youngest members of our Parish an opportunity to connect with the Gospel during each Sunday morning mass, in the Church Hall. Anyone wanting to join the CLOW team is invited to contact Barb Conlon.

Giving App



Download the Adelaide Archdiocese's Find a Mass App on your mobile phone and set up direct giving to the first and second collections, as well as special appeals.

Or go to adelaide.goodgiving.com.au to set up direct giving from your computer.

Please note: 1st, 2nd and Special Collections are available on the app.

The QR code will automatically select the Henley

THIN & CRISPY
QUALITY INGREDIENTS

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