

**Our Lady of the Sacred Heart Parish Henley Beach**  
**On the Traditional Lands of the Kaurna People**  
**22nd SUNDAY in ORDINARY TIME**  
**1st September 2024**

**Parish Priest: Fr Manu Kumbidiyamackal MSFS**  
**Pastoral Care: Sr Helen Armstrong OLSH**  
**Child safe contact Person: Jane Sage 0435062071**  
**Alpha Programs Director: Barb Conlon**  
**After hours Emergency Only: 0417 584 336**  
**Vinnies Emergency Hotline: 1300 729 202**

**Henley Beach Parish Office:** 420 Seaview Road,  
Henley Beach  
**Ph:** 8356 8888  
**Email:** [welcome@henleybeachparish.com.au](mailto:welcome@henleybeachparish.com.au)  
**Website:** [www.henleybeachparish.com.au](http://www.henleybeachparish.com.au)  
**Office Hours:** Mon & Tues: 9am–12pm;  
Wed & Thurs: 9am–2pm;  
Fri: 9am–3pm.



**Star of the Sea Primary School:** Phone: 8115 7400 Email: [info@star.catholic.edu.au](mailto:info@star.catholic.edu.au)  
Web: <https://www.star.catholic.edu.au/news-events/enewsletters>

**Mass Times:** Monday 8 pm Candlelit Mass  
Tues: 9:15am, Wed: 8:00am, Thurs & Fri: 9:15am, Reconciliation Saturday 8:45am – 9:10am  
Sat 9:15am (qualifies as a Sunday Mass); Vigil Saturday 6:00pm; Sunday 9.30am; 5:30pm

**COMING UP:**

**Knit & Natter**

Thursday  
5th September  
10am - 12 noon

**Rosary**

Tuesdays  
2 pm

**Family Practice for  
Communion**

Wednesday  
4th September  
7pm

**Healing Mass**

Thursday  
5th September  
7pm

**Alph Youth**

Sundays  
6.30pm- 8.30pm

**Readings**

**22nd SUNDAY in  
ORDINARY TIME**

Deut 4: 1-2, 6-8  
Ps 14: 2-5  
James 1: 17-18, 21-22, 27  
Mk 7: 1-8, 14-15, 21-23

**23rd SUNDAY in  
ORDINARY TIME**

Is 35: 4-7  
Ps 145: 7-10  
James 2: 1-5  
Mk 7: 31-37



It is a day set aside to make sure  
you know how much you're  
*appreciated* every day of the year.

***A Prayer for Fathers***

Father in heaven,  
you entrusted your Son Jesus, the child of Mary,  
to the care of Joseph, his earthly father.  
Bless all fathers and all who exercise a fatherly influence in our lives.  
Give them courage and wisdom, tenderness, good humour and patience.  
Support them in their sorrows and difficulties.  
Help them to confidently nurture our faith,  
hope and love in their children.  
May they be examples to us of your kindness and forgiveness.  
We pray for young fathers, as they embrace their  
vocation: may they find courage and perseverance as  
they balance work and family.  
May fathers experience our love and respect each day.  
You, who are Father of us all, hold all fathers living  
and deceased, in your care.  
Amen

## Inner Realities and the Spirit of the Law

Today's gospel explains what true religion is. It is not simply a scrupulous, external observance of rules, laws, traditions and rituals. It is a loving, obedient relationship with God expressed in obeying His Commandments, worshipping Him, recognizing His presence in other human beings and rendering them loving and humble service. Prayers, rituals, Sacraments and religious practices only help us to practice this true religion in our daily lives. Jesus describes true religion as serving God and all His children with a pure and holy heart. The occasion is a debate between Jesus and the Pharisees on the subject of "Tradition." Jesus warns the Pharisees against their tendency to equate traditional "human precepts" with God's will. He blames the scribes and the Pharisees for giving undue importance to external observances in the name of "tradition," while ignoring the Law's real spirit. True religion should focus on the essentials. In particular, Jesus criticizes Pharisaic observance of ritual washing and declares that it is our inner motivations and dispositions that produce our purity or impurity.

A few of the local Pharisees accompanied the experts and started questioning Jesus when they noticed that Jesus' disciples had omitted the ritual cleansing of hands before a party meal. In response to the Sanhedrin's public criticism, Jesus stands in the prophetic tradition by citing Isaiah 29:13, where the prophet criticizes the tendency to "teach mere human precepts as dogmas." "This people pay Me lip-service but their heart is far from Me. Empty is the reverence they do Me, because they teach as dogmas mere human precepts." Originally the religious traditions were intended to symbolize inner realities that are outward signs of inward devotion to God's Will. But the Pharisees were using them to boost their own egos. Hence, Jesus flatly denied that external things or circumstances could separate a person from God. Jesus was not criticizing rituals given in the Mosaic Law, but the giving of disproportionate importance to these things while neglecting what was far more important, the love of God and the care for one's fellow-human beings. Righteousness is not what we do on the outside, but who we are on the inside. Righteousness is not about the hand; it is about the heart. Listening to the voice of Jesus today, let us accept the challenge to become hearers and doers of God's word.



### Blokes Luncheon



The August luncheon was very well attended by sixteen of us including Fr Paul McCormack and we welcomed a visitor, Augustine Loosthusamy, from Malaysia. Unfortunately Fr Manu and Fr Paul Cashen had prior commitments and could not attend. We enjoyed each other's company over a tasty lunch. The \$115 dollars collected was donated to BIRTHLINE. Thank you all again for your generosity.

**The DIARY DATE for the next Blokes Gathering is on Friday, 15 November 2024.**

### Coming Celebrations

The Vicar General Fr Dean Marin will confer the **Sacrament of Confirmation** on candidates of our parish on the following dates:

- Tuesday 10th September at 7pm
  - Thursday 12th September at 7pm
  - Tuesday 17th September at 7pm
- In the church.

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### First Holy Communion (Eucharist)

Will be celebrated for children from our parish on the following dates:

- Saturday 21st September at 6pm
- Sunday 22nd September at 11am
- Sunday 22nd September at 5.30pm

Please pray for these children and their families as they take this important step on their journey of faith.

### Police Checks Updating

Please contact Jane Sage 0435 062 071 if your Working with Children Police Check needs updating, as Ivy Hill will be away.

### Please Remember in Your Prayers this Week:

#### Recently Deceased:

Desmond Peters, Jozef Klimkiewicz, Francis Kevin Morrissey, Maxine Wheatley, Brian Sheehy, Carmel Fitzgerald, Matthew Vasileff, Les Brksy, Marian Weldon, Maureen Lally, Mary Quinn, Mark Mc Carthy, Pierre Chehade, Charlie Seal, Alida Mendes, Patricia Kearns, Margaret Gleeson, Norah Carey, Margaret Graney,

#### Anniversaries

Bernado Forgione, Matthew Vasilef, Domenica Imbesi

#### Sick Parishioners

Aduzinda Matthews, Nicholas Cutajar, Annette Smith, Brian Fitzgerald, Margaret O'Connor, Peter Tierney, Age Selita, Sonia Bennie, Amelia D'Aloia, Terry Cashin, Pat Berti, Rene Young, Mary Kennedy, Sharon Barber, Brendan Taylor, Rose Oteng, Julie Green, Noel Hocking, Maria Tinus, Brian Barden, Joan Dignan.

### Sacred Heart Church Hindmarsh celebrates its Centenary Year

You are warmly invited to come and celebrate Mass with our community on Sunday September 8 at 9am, followed by morning tea. Bring a photo to share!

## Stewardship Reflection 22nd Sunday in Ordinary Time

*"Be doers of the word and not hearers only..." JAMES 1:22*

It's easy to understand the definition of stewardship living a grateful and generous life. The hard part is doing it! How do your words and actions reflect God's word? Do you share your time in prayer with God daily? Do you use your talent to help those in need without expecting anything in return? Are you generous with your financial resources? If not, what are you waiting for?

## Discerning God's Will in my Life Retreat. When Making Big and Everyday Decisions.



Saturday 14th September 9:15am - 3:30pm in the Church. The speaker is Fr Manu Kumbidiyamackal MSFS.

The Retreat will include Mass 9:15am, Talks given by Fr Manu, Exposition of the Blessed Sacrament, Reflection,

Reconciliation, Prayer Ministry and Benediction.

Please bring your own lunch. Tea/coffee provided.

Enquiries and bookings phone Pauline 0403002240 by 12th September.

Cost by Donation.

All Welcome.

## Blessing of Milestone Wedding Anniversaries - Sunday September 15th

If you or someone you know is celebrating a milestone Wedding anniversary this year, we invite you to let the parish office know of their details so they can be acknowledged at the Anniversaries Mass on Sunday 15th September 2024 to be held in our Parish/Community.

Please phone the office on 8356 8888

## Our Parish is a Child Safe Organisation



We are a Child Safe Organisation which is committed to the care, wellbeing and protection of children and young people. We believe that all God's children and young people have the right to be healthy and safe, and to have their voices heard, respected and valued. A Safe Environment for All.

To find out more about our child safe policies and procedures please contact the Parish Office

or

the Archdiocesan Child Protection Unit on 8210 8159.

## "SAVE THE DATE"

### Recently Baptised & Playgroup Family Mass

Sunday 27<sup>th</sup> October @ 9:30am



Please join us for a special mass to celebrate the youngest members of our faith family. Families with little ones are warmly invited to gather together as they begin to crawl, walk and grow in God's love.

Following mass join us for a shared morning tea with play activities for the children. A lovely opportunity to meet other parents from our parish in a relaxed environment.

Everyone is invited to bring a plate to share.

Baptismal team members are very welcome.



Congratulations to **Rene and Tony Young** on their 60th Wedding Anniversary. May God continue to bless them with many more years of happiness.

## Birthday Wishes

We wish Peter Stevens a Happy 80th Birthday. We wish you God's blessings in abundance. May God bless you and grant you many more happy returns of the day.



## Healing Mass

Healing Mass Thursday 5th September Rosary 7pm Mass 7:30pm including the Sacrament of Anointing,

Exposition of the Blessed Sacrament, Reconciliation, prayer ministry with Candlelit music in the Spirit of Taize, individual blessings with the Blessed Sacrament in the Monstrance, and Benediction.

Tea/Coffee and light supper available.

All Welcome Enquiries phone Pauline 0403002240

## St Vincent de Paul Winter Appeal



Henley Beach Vinnies are most grateful for parishioners generosity in donating \$7300 for the Lord's work of helping the poor in the western suburbs.

Before 30th June 12 people gave \$3300 and after the appeal launch by Fr Manu on 27th/28th July a further 33 gave \$3500, plus \$500 in loose cash from many others-a wonderful result!

So with the \$1100 from the People's Choice lottery and \$300 from Drake's Community Chest, we are on track to reach \$20,000 in money donations (the average for recent financial years).

**GOSPEL ACCLAMATION: Alleluia, Alleluia! The Father gave us birth by his message of truth, that we might be as the first fruit of his creation. Alleluia!**




# ALPHAYTH @ HENLEY

*We believe in telling young people that they can change their world and giving them the tools to do so.*

**HIGH SCHOOL STUDENTS  
SUNDAY NIGHTS following 5:30pm MASS  
FOOD & ALPHAYTH 6:30-8:30pm**

FIND OUT MORE  
[Henleybeachparish.com.au/alpha](http://Henleybeachparish.com.au/alpha)

Catholic Church: 420 Seaview Road, Henley Beach



## Migrant and Refugee Sunday

(Multicultural Mass) at St Francis Xavier's Cathedral  
Everyone is invited to celebrate Migrant and Refugee Sunday at St Francis Xavier's Cathedral 2.30pm Sunday September 29. All are welcome!  
Come dressed in cultural attire and enjoy an ice cream and coffee after Mass, as we celebrate the many cultures that make up our amazing church in Adelaide.

## Job Vacancies

### Catholic Safety and Injury Management Department – Injury Management Executive Assistant

The Catholic Safety and Injury Management department is seeking for an Injury Management Assistant to join their team for a fixed term temporary full time, 6-month contract.

### Archbishop's House – Executive Support Assistant

The Archbishop's House is seeking an Executive Support Assistant to join their Team.

## Thankyou

Caritas Australia extends a heartfelt thank you to all the parishes, schools, and the broader community for your incredible response to Project Compassion 2024. An extremely generous \$603,548 was raised in Adelaide and \$9.7m nationally! A special shout-out to St Francis De Sales College at Mount Barker for being the top fundraising school in Australia! Your generosity and compassion are making a real difference, especially in these challenging times. We deeply appreciate the dedication of Caritas Ambassadors, parish priests, secretaries, school principals, APRIMS, staff, students and their families and every member of the parish community! Your support helps uplift vulnerable communities and brings hope to those in need.

## Rite of Christian Initiation (RCIA)

Do you feel called to support and welcome candidates who wish to undertake the spiritual journey of becoming Catholic. Fr Manu is looking for a small team to support the RCIA candidates in our Parish. Catechumens will receive the Sacraments of Baptism, Confirmation and First Eucharist at the Easter Vigil in 2025. This is an extremely rewarding and important Ministry of our Church. If you would like more information, please contact Barb Conlon or the Parish Office.

RCIA is for all those seeking to be into full communion members of the Catholic Church. This journey is for people who have not been baptised, and for those who have been baptised but not received the Sacrament of Confirmation or Holy Eucharist.

Anyone who would like information for themselves or someone they know who is interested in becoming Catholic and would like to join the RCIA journey is welcome to speak with Fr Manu or Barb Conlon.

## Sacred Heart Church Hindmarsh acknowledges Weddings over the last 100 years!

All who have celebrated Weddings (and other Sacraments) in our Sacred Heart Church at Hindmarsh are invited to gather and acknowledge this at next Sunday's 9am Mass at Hindmarsh. This will be followed by morning tea. Bring along your Wedding photo (or 1st Communion photo etc) to share on the day! Parish Office: 08 8346 6569

## Devotion to Our Lady



The First 5 Saturdays: 1 June, 6 July, 3 August, 7 September.

Time: 8:00am Holy Rosary  
8:15am Meditation on the Mysteries  
8:30am Confession  
9:15am Holy Mass and Holy Communion

## Children's Liturgy of the Word (CLOW) @ 9.30am Mass

Our CLOW team offers the youngest members of our Parish an opportunity to connect with the Gospel during each Sunday morning mass, in the Church Hall. Anyone wanting to join the CLOW team is invited to contact Barb Conlon.



## Giving App

Download the Adelaide Archdiocese's Find a Mass App on your mobile phone and set up direct giving to the first and second collections, as well as special appeals.

Or go to [adelaide.goodgiving.com.au](http://adelaide.goodgiving.com.au) to set up direct giving from your computer.

Please note: 1st, 2nd and Special Collections are available on the app.

The QR code will automatically select the Henley beach parish.