

Our Lady of the Sacred Heart Parish Henley Beach

On the Traditional Lands of the Kurna People

THE EXULTATION of the HOLY CROSS

14th September 2025

Parish Priest: Fr Mark Sexton

Pastoral Care: Sr Helen Armstrong OLSH

Child safe contact Person: Jane Sage 0435062071

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After hours Emergency Only: 0437 216 095

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Henley Beach Parish Office: 420 Seaview Road,
Henley Beach

Ph: 8356 8888

Email: welcome@henleybeachparish.com.au

Website: www.henleybeachparish.com.au

Office Hours: Mon & Tues: 9am–12pm;
Wed & Thurs: 9am–2pm;
Fri: 9am–3pm.



Star of the Sea Primary School: Phone: 8115 7400 Email: info@star.catholic.edu.au

Web: <https://www.star.catholic.edu.au/news-events/enewsletters>

Mass Times: Monday 8 pm Candlelit Mass (except on Public Holidays)

Tues: 9:15am, Wed: 8:00am, Thurs & Fri: 9:15am, Reconciliation Saturday 8:45am – 9:10am

Sat 9:15am (qualifies as a Sunday Mass); Vigil Saturday 6:00pm; Sunday 9.30am; 5:30pm

COMING UP:

Knit & Natter

Thursday
25th September
10am - 12 noon

Candlelit Mass

Mondays 8pm

Healing Mass

Thursday
18th September
7pm

Blokes Lunch

Friday
21st November

Readings

THE EXALTATION of the HOLY CROSS

Num 21: 4-9

Ps 77: 1-2, 34-38

Phil 2: 6-11

Jn 3: 13-17

25th SUNDAY in ORDINARY TIME

Amos 8:4-7

Ps 112: 1-2, 4-8

1Tim 2: 1-8

Lk 16: 1-13

THE EXALTATION of the HOLY CROSS



We have a break in our usual cycle to mark this Feast.

The early Christians did not use the cross as a symbol due to crucifixion being an all too real sight. They used a fish as a symbol. Why a fish, you may wonder?

The Greek word for fish was 'ichthys'. This could be used as an acronym for "Jesus Christ, God, Human, Saviour".

It was only after Constantine banned the use of crucifixion as a form of punishment that Christians used the cross as a symbol of worship.

Of all the ways humans have worked out to kill each other, crucifixion is one of the worst. We find it difficult to grasp how brutal it was. Depending on your physical condition, it could take a person 2 or 3 days to die.

So why do we 'Exalt' the Cross? Because for us, the Cross is a sign of life. Death is not the end. It does not define us.

In the chapel in Tarin Kot, in Afghanistan, the crucifix was surrounded by a sunburst. It was made by the mates of Poppy Pierce. One of the first Australians to die there. They made it from the vehicle Poppy was driving when he ran over an IED. They did it to mark his memory, and to state that death does not win!

Fr Mark



PAVE THE WAY

Help us build our new church parking lot



Join us in Creating Space for Grace.

Our church is growing and so is the need for a safe accessible parking lot. Let's come together to make it.

TIME - 6:30 PM till 11:59 PM
DATE - SATURDAY 25, OCTOBER 2025
VENUE - ST. MICHAEL'S COLLEGE

TICKETS

13 YEARS & ABOVE - \$25
6 TO 12 YEARS - \$10
UNDER 6 YEARS - FREE



FOOD STALLS. LIVE MUSIC. BINGO.
RAFFLE PRIZES. AUCTIONS. DANCING.

All proceeds go towards building our new parking lot.

You can still donate by emailing us for details: events.henleybeachparish@gmail.com

Healing Weekend



Saturday 4th October 11am - 4:10pm
Sunday 5th October 9:30am - 4pm in the Church
The Speaker: Fr Josy Sebastian msfs

The Topics are:

What is healing?
Inner healing
The healing power of forgiveness
The healing power of listening
The healing power of the Sacraments
General prayer for Inner healing
Exposition of the Blessed Sacrament
Reconciliation
Sacrament of Anointing
Sunday Mass 9:30am

Please bring your own lunch, Tea/Coffee provided.
Enquiries and bookings phone Pauline 0403002240 by 1st October. Cost by Cash Donation. All Welcome

Working with Children—Police Check.

Ivy Hill has returned from overseas.
If you need to renew your WWC check please call Ivy on 0413 081 421.
Thank you

Catholic Charities September Appeal 2025



Catholic Charities

The annual Catholic Charities Appeal for 2025 is being held throughout September.

Parishioners are welcome to take leaflets home with them to find out more about the September Appeal. Donations can be made via the Reply-Paid slip in the Appeal leaflet or online Catholic Charities September Appeal 2024 or via the QR Code:



Blessing of Milestone Wedding Anniversaries Saturday 20th & Sunday September 21st



The certificates for the Milestone Weddings have arrived and will be presented at the Masses on the weekend of 21st and 22nd September

Kindly let Fr Mark know what mass you are attending on the day so that there is no confusion.

National Liturgy & Music Conference

Pilgrims of Hope:

Transformed through Sacrament and Song



Registrations are now open for the APMN & NLC biennial conference to be held in Adelaide from October 1 to 3, 2025 at the Hilton Adelaide Hotel.

This is a great opportunity for parish musicians, school APRIMS and RECs, parish priests and pastoral associates to hear international and national speakers in the field – Fr Ricky Manalo CSP, Rita Ferrone, Fr Richard Leonard SJ – together with other inspirational and prophetic Australian voices. Visit the Conference website for further information:

<https://pilgrimsofhope.com.au>

Please Remember in Your Prayers this Week:

Recently Deceased

Thomas Wharton, Peter Tierney, Cliff Daniels, Len Manuel,
Liz Campbell, Wendy Boeyen, Sean Kennedy, Maria Tinus,
Don Newham, Marie Wallace, Ann D'Apice,

Anniversaries

Mary Paul & Michael Phillips

Sick Parishioners

Chris Capaldo, Carmel Jungfer, Sani Strehovski,
Aduzinda Matthews, Antienta and Richard Nazar,
Nicholas Cutajar, Sani Strehovski, John Boeyen,
Graham Blacket, Brian Fitzgerald, Margaret O'Connor,
Sonia Bennie, Amelia D'Aloia, Rene Young, Brendan Taylor,
Rose Oteng, Julie Green.

RESPONSORIAL PSALM: Do not forget the works of the Lord!

Advent Books 2025

We will soon be ordering Advent books. **The Promise: Advent and Christmas Daily Reflections 2025** is a beautifully presented 88-page book of daily reflections designed to guide you from the beginning of Advent through to the Baptism of the Lord.

The books will be available for \$6. Please order and pre pay at the Parish Office by 21st September. We will only order enough books as per what is requested.

Once books are available, they can be collected at the Parish Office.
Thank you.

Fr Mark's Anniversary Ordination

22 September is the anniversary of my ordination in 2001 by Archbishop Faulkner. To mark it, I will be celebrating Mass at 9.15 that Monday.

Baptisms in our Parish



We welcome into our Parish Community Leo, Levi and Max who are being baptised this weekend.

Please keep them and their families in your prayers.

Migrant and Refugee Sunday (Multicultural Mass) Sunday September 28

All are welcome! to celebrate Migrant and Refugee Sunday at St Francis Xavier's Cathedral 2.30pm Sunday September 28. Come dressed in cultural attire and enjoy a free ice cream and coffee after Mass. Don't forget to take a photo with our Jubilee Year of Hope Mascot – Luce and friends!!- as we celebrate the many cultures that make up our amazing church in Adelaide. For more information contact: Jhi@adelaide.catholic.org.au or 8210 8140.

Public Rosary Rally Saturday 11th October 2025



A nation wide Rosary chain will be held all across Australia offering reparation for the sins and offences committed against Our Lord and Our Lady and for more blessings for Australia.

Please join us in praying for our nation:

When: Saturday 11th October after the 9.15am Mass

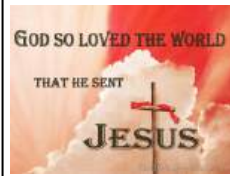
Where: At the back of the Church we will meet and then walk in procession to the beach fore shore where we will begin our Public Rosary.

Catholic Archdiocese of Adelaide Annual Report 2024

This report is available at the back of the church for anyone to read, it is also available on line at www.adelaide.catholic.org.au

Exaltation of the Holy Cross

"For God so loved the world that he gave his only Son."
JOHN 3:16



God created us to be in relationship with Him. Sin broke that relationship. Jesus came to earth so that we may reconcile our relationship with God. Following Jesus' example, we can be blessed with a joy-filled life on earth and eternal life in Heaven. These four points are known as the "kerygma" – the first proclamation of the Gospel. This core message is the basis of our Catholic faith. How do you live this out in your daily life?

BLOKES LUNCHEON



THE DIARY DATE for the next Bloses Gathering is on Friday, 21st November 2025.

Healing Mass



Just a reminder it's the Healing Mass Thursday 18th September Rosary 7pm Mass 7:30pm including the Sacrament of Anointing, Exposition of the Blessed Sacrament, Reconciliation, Prayer Ministry with Candlelit music in the Spirit of Taize, individual blessings with the Blessed Sacrament in the Monstrance, and Benediction.

Tea/Coffee and light supper available. All Welcome.

Enquiries phone Pauline 0403002240

Memorial Mass



A Memorial Mass will be held for Clifford Daniels Wednesday 17th September at 11am in the church.

All are welcome

Calling all Youth Groups & Communities

In the coming weeks, the Catholic Office for Youth and Young Adults is designing a 'Find Community' page on their website after a review of recent analytics show much of the foot traffic for the site is young people seeking a local community to join.

We aim to connect those seeking a new youth community with the groups in their local area and are asking that if your parish has youth group who would like to be featured, please contact the COYYA team at COYYAADL@cesa.catholic.edu.au who will assist in building a brief profile for young people to explore.

The page is currently published, and we will look to expand on the profiles in the coming weeks.

You can view is now, here:

<https://www.cathoyouthadelaide.org.au/community>

GOSPEL ACCLAMATION: Alleluia, alleluia! We adore you, O Christ, and we praise you, because by the cross you have redeemed the world. Alleluia!

Australia Catholic Youth Festival 2025 – Online Information Session



Australia Catholic Youth Festival 2025 – Online Information Session. The Australian Catholic Youth Festival (ACYF) will be held in Melbourne at the Melbourne

Exhibition and Convention Centre (MCEC), from Sunday November 30 to Tuesday December 2.

The festival is open to those in Year 9 and up to 25 years of age, as well as accompanying leaders, teachers, and clergy.

This is an opportunity for Catholic young people to gather and engage in a wide range of activities including prayer, Mass, workshops, talks, live concerts, games and interactive expos.

Check out the ACYF website for announcements on presenters and registration.

The journey of Marriage



Marriage is a life-long journey, and just like a car needs the odd service to keep it running smoothly, your marriage can use a tune up too. A Marriage Encounter weekend has the power to make a good marriage even better, rekindle your romance and spontaneity and help you reconnect with each other and God.

Bookings are now open for our live-out weekend on 1–2 Nov 2025 at Antonio Catholic School, 8 Bains Road, Morphett Vale 5162 or book in for a live-in weekend in 2026, at Lyndoch 22–22 Feb or the Adelaide Royal Coach 3–5 July. Call Jo & Jon on 049 3747 478 or email sabookings@wwme.org.au. Alternatively, visit WWME.org.au and apply online today.

CATHOLIC CHARITIES GOLF DAY



The Annual Catholic Charities Golf Day will be played at the Patawalonga Golf Course, Military Rd, West Beach on Monday, 13th October with a shotgun start at 8:00am. A Luncheon will follow the golf at approx. 1:00pm. The event is

an ambrose competition.

Please consider arranging a group of four players to assist with aiding the very worthy cause: Catholic Charities. Alternatively enter as a single player & we will arrange a team for you.

Enquiries may be made to Peter McCarthy: Telephone: 0448 017 256 or

[:pmcc5061@bigpond.com](mailto:pmcc5061@bigpond.com).

Giving App

Download the Adelaide Archdiocese's Find a Mass App on your mobile phone and set up direct giving to the first and second collections, as well as special appeals. Or go to adelaide.goodgiving.com.au to set up direct giving from your computer.



Please note: 1st, 2nd and Special Collections are available on the app.

The QR code will automatically select the Henley beach parish.

Celebrating 100 years of the Young Christian Workers Movement

Join Adelaide Young Christian Workers (YCW) for a joyful celebration of 100 years of the Young Christian Workers movement globally.

On Saturday, 20 September 2025 (11am–3pm), Adelaide YCW invites everyone connected to any Cardijn-inspired movement to Cardijn College (Marian Campus), Noarlunga Downs. Together, we'll celebrate a century of faith, action, and youth empowerment.

The celebration features a mass, shared lunch, and storytelling. Bring your photos, archives, or memories to share our collective legacy. All past members, friends, and associates across Adelaide are warmly welcome!

Contact Ashish: ashish.chaulagain@ycw.org.au
0425 169 639 for more details.

Register: www.tinyurl.com/AdelaideYCWCentenary

apmr
australian pastoral musicians network

NIGHT OF WORSHIP
STORY + SONG

FEATURING CONTEMPORARY AUSTRALIAN SONGWRITERS
LAUREN + PETER BIERER | GEN BRYANT | BETH DOHERTY | TIMOTHY HART

WHEN: Wednesday 1st Oct, Concert 7pm–8:30pm
Arrival + Food Trucks from 6pm

WHERE: St Paul's Church at the Monastery,
15 Cross Rd, Urrbrae

COST: Free entry

"As part of this conference, there will be a Conference Mass at the Cathedral 5.45 Thursday 2 October. There is an invitation to any parishioners who wish to be part of the choir for this.

Rehearsals are on Thursday 25 September and Wednesday 01 October, both at 7 PM.

Fr Mark

YOUR LOCAL PARISHIONER & LAWYER, GERARD FERRAO

I'm here to help with life's legal matters with care and understanding.

If you have a legal concern, big or small, feel free to reach out. I'm here to help with practical solutions and peace of mind.



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✉ gerard.ferrao@taylor-rose.com.au

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