

Our Lady of the Sacred Heart Parish Henley Beach

On the Traditional Lands of the Kurna People

SECOND SUNDAY of LENT (Year C)

16th March 2025

Parish Priest: Fr Manu Kumbidiyamackal MSFS

Pastoral Care: Sr Helen Armstrong OLSH

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Office Hours: Mon & Tues: 9am–12pm;
Wed & Thurs: 9am–2pm;
Fri: 9am–3pm.



Star of the Sea Primary School: Phone: 8115 7400 Email: info@star.catholic.edu.au

Web: <https://www.star.catholic.edu.au/news-events/enewsletters>

Mass Times: Monday 8 pm Candlelit Mass (except on Public Holidays)

Tues: 9:15am, Wed: 8:00am, Thurs & Fri: 9:15am, Reconciliation Saturday 8:45am – 9:10am

Sat 9:15am (qualifies as a Sunday Mass); Vigil Saturday 6:00pm; Sunday 9.30am; 5:30pm

COMING UP:

Parish Lenten Retreat

Saturday 5th April
9.15am onwards

Stations of the Cross

Fridays during lent at
7pm

Lenten Program

Wednesday
19th -26th March
7-8.30pm

Knit & Natter

Thursday
27th March
10am– 12

Living Waters: Lenten Retreat

Saturday
22nd March
9.15am–3.30pm

Readings

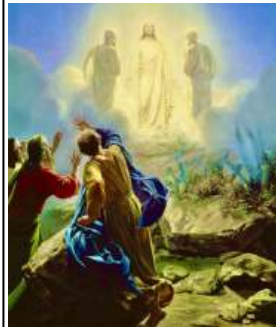
2nd SUNDAY of LENT

Gen 15: 5-12, 17-18.
Ps 26: 1, 7-9, 13-14.
Phil 3: 17- 4:1.
Lk 9: 28-36.

3rd SUNDAY of LENT

Ex 3:1-8, 13-15.
Ps 102: 1-4, 6-8, 11.
1Cor 10: 1-6, 10-12.
Lk 13:1-9.

The Message of Transfiguration



The common theme of today's readings is metamorphosis or transformation. The readings invite us to work with the Holy Spirit to transform our lives by renewing them during Lent so that they radiate the glory and grace of the transfigured Lord to all around us by our Spirit-filled lives. The first reading describes the transformation of Abram, a pagan patriarch, into a believer in the one God (Who would later "transform" Abram's name to Abraham), and the first covenant of God with Abraham's family as a reward for Abraham's Faith and obedience to God. In the second reading, St. Paul argues that it is not observance of the Mosaic Law and circumcision that transforms people into Christians, and therefore, Gentiles need not become Jews to become Christians. St. Paul urges us to stand firm in our Faith and to live a life of discipleship with Jesus now, so that we may share in a glorious future later. In the Transfiguration account in today's Gospel, Jesus is revealed as a glorious figure, superior to Moses and Elijah. The primary purpose of Jesus' Transfiguration was to allow Him to consult his Heavenly Father to ascertain His plan for His Son's suffering, death, and Resurrection. The secondary aim was to make Jesus' chosen disciples aware of his Divine glory, so that they might discard their worldly ambitions and dreams of a conquering political Messiah and might be strengthened in their time of trial. On the mountain, Jesus is identified by the Heavenly Voice as the Son of God. Thus, the Transfiguration experience is a Christophany, that is, a revelation of Who Jesus really is. Describing Jesus' Transfiguration, the Gospel gives us a glimpse of the Heavenly glory awaiting those who do God's will by putting their trusting Faith in Him.

The Church invites us to reflect on Christ's humanity by presenting the temptations of Christ on the first Sunday of Lent. On the second Sunday, by presenting the Transfiguration scene, the Church invites us to reflect on Christ's Divinity. The Transfiguration of Our Lord on this Second Sunday in Lent gives us a glimpse of the coming future glory of Christ on Easter. But it also reminds us that the only way to Easter is through the cross.

While praying, Jesus was transfigured into a shining figure, full of Heavenly glory. "In 1st century Judaism and in the NT, there was the belief that the righteous get new, glorified bodies in order to enter heaven (1 Cor 15:42–49; 2 Cor 5:1–10). This transformation means the righteous will share the glory of God. One recalls the way Moses shared the Lord's glory after his visit to the mountain in Ex 34. So, when the disciples saw Jesus transfigured, they were getting a preview of the great glory that Jesus would have. Moses and Elijah are seen with Jesus at the Transfiguration because both of them had experienced the Lord in all His glory.

Cont...

Moses had first met the Lord in the burning bush at Mount Horeb (Ex 3:1-4). The Transfiguration scene closely resembles God's revelation on Mt. Sinai to Moses, who also brought along three companions and whose face also shone brilliantly (see Ex 24:1; 34:29). After his encounter with God on Sinai, Moses' face shone so brightly that the people were frightened, and thereafter, whenever Moses went into the Tent to consult the Lord, he had to wear a veil over his face when he came out (Ex 34:29-35). Elijah travelled for forty days to Mt. Horeb on the strength of the food brought by an angel (1 Kgs 19:8). At Mt. Horeb, Elijah sought refuge in a cave as the glory of the Lord passed over him (1 Kgs 19:9-18). Moses and Elijah are representatives of the law and prophets and foreshadowed Jesus, who is the culmination of the Law and the Prophets.

1 Kgs, 8: 10 tells us how, by the cover of a cloud, God revealed His presence in the Ark of the Covenant and in the Temple of Jerusalem on the day of its dedication. The Jews generally believed that the phenomenon of the cloud would be repeated when the Messiah arrived. God the Father, Moses and Elijah approved the plan regarding Jesus' suffering, death and Resurrection. God's words from the cloud, "This is my Son, the Beloved; with him I am well pleased; listen to him," are the same words used by God at Jesus' baptism (Mt 3:17), with the addition of "listen to Him." At the moment of Jesus' death, a Roman centurion would declare, "Truly, this man was the Son of God" (Mk 15:39). These words summarize the meaning of the Transfiguration, that on this mountain, God revealed Jesus as His Son, His beloved, the One in whom He is always well pleased and the One to whom we must listen.

The Transfiguration offers us a message of encouragement and hope. In moments of doubt and during our dark moments of despair and hopelessness, the thought of our transfiguration in Heaven will help us to reach out to God and to listen to His consoling words: "This is My beloved Son." Let us offer our Lenten sacrifices to our Lord, that through these practices of Lent and through the acceptance of our daily crosses we may grow closer to him in his suffering and may share in the carrying of his cross so that we may finally share the glory of his Transfiguration.

Janet Sambudramalake

Parish Retreat for the Lenten Season



The Parish Pastoral Council is happy to let you know that this year we are having a parish retreat and reconciliation day on Saturday 5th April 2025. **2025 being the Jubilee**

year it is very important that we have some special spiritual celebrations in the parish throughout the year. The season of Lent is a special time and so it is good for all of us to gather together for a one day retreat. **Fr Roderick O'Brien** has kindly consented to be the animator for the day.

There will be opportunities for confessions. **(Please note that we will not conduct another second rite reconciliation during lent.** So if you cannot make the whole day retreat please make sure that you find some time to attend the reconciliation service.) Please mark your diaries well in advance for making yourself free for the day. The day will be organised as follows:

- 09.15 am: Holy Mass
- 10.15 am: Coffee break
- 10.45 am: Back in the Church (Music)
- 11.00 am: Talk by Fr Roderick
- 11.45 am: Silence, Personal Reflection and Group Sharing
- 12.30 pm: Lunch Break
- 01.15 pm: Back in the Church (Music)
- 01.30 pm: Preparation for Reconciliation
- 02.00 pm: Exposition of the Blessed Sacrament and Individual Confessions

Benediction when the confessions are over
Coffee, tea and biscuits in the Hall

We invite you to be part of the whole day. However, if you can't make it to the whole day you are welcome to choose and participate in part of the programs for which you are able to be present.

Please use the sign up form at the back of the church to make it easy for catering purposes

Please Remember in Your Prayers this Week:

Recently Deceased:

Michael Tambakis, Holly Leiper, Carlos Vaschetto, Gerald Victory, Annette Smith, David Bampton, Shirley Rowberry, Terence Byrne, Fr Chris Murphy MSC, Padma Mathavan (Father of Fr Krish Mathavan), Betty Hill, Denis Chaplin, Graham Bruce, Tania Cavuoto, Fr Terry Bowman MSC.

Anniversaries

Margaret Graney., Heather Satur, Elaine Wakefield, Joan Stafford.

Sick Parishioners

Gerald Sutton, Sani Strehovski, John Boeyen, Peter Stevens, Sean Kennedy, Wendy Boeyen, Graham Blacket, Brian Fitzgerald, Margaret O'Connor, Peter Tierney, Sonia Bennie, Amelia D'Aloia, Terry Cashin, Rene Young, Brendan Taylor, Rose Oteng, Julie Green.

Children's Liturgy of the Word (CLOW) @ 9.30am Mass



Our CLOW team offers the youngest members of our Parish an opportunity to connect with the Gospel during each Sunday morning mass, in the Church Hall.

Anyone wanting to join the CLOW team is invited to contact Barb Conlon.

Police Checks Updating

Please contact Ivy Hill on 0413 081 421 if your Working with Children Police Check needs updating.

RESPONSORIAL PSALM: The Lord is my light and my salvation

Stewardship Reflection

Second Sunday of Lent



"I am the Lord who brought you from Ur of the Chaldeans to give you this land as a possession." - Genesis 15:7

Just as the Lord gave Abraham, Moses, and the Israelites a land to possess, He has also given each of us a home. Whether your home is grand or humble, it is a gift from God. Abraham prepared a great sacrifice to the Lord in gratitude for the home God gave him. How do you show your gratitude to God for the home He has given you? Do you make sacrifices of any kind? Do you return any of your finances to God, investing in your eternal home just as you invest in your earthly home?

Living Waters Prayer Group Lenten Retreat



Keep Watch, and Pray

Saturday 22nd March

9:15am-3:30pm

Speaker: Fr Manu Kumbidiyamackal

The day will include:

- ◇ Mass 9:15am
- ◇ Talks given by Fr Manu
- ◇ Exposition of the Blessed Sacrament & Benediction
- ◇ Silent Reflection
- ◇ Reconciliation
- ◇ Prayer Ministry

Please bring your own lunch tea/coffee provided.
Enquiries and bookings phone Pauline 0403002240
by 20th March Cost by Cash Donation. All Welcome

Lenten Program Year of Jubilee 2025 All Debts Cancelled



Wednesday 19th March & 26th March
7- 8.30 pm in Parish Hall. Cost by donation
Enquiries:- Cheryle Douglas 0423 480 440

Alpha Youth



Alpha Youth is for High School aged students from years 7-12 and is held in the Church Hall, on Sunday evenings from 6:30pm - 8:30pm.

Alpha Youth creates a space for young people to have meaningful conversations about life, faith, identity & purpose. Every Alpha Youth session includes time to connect, over food and games. It is all about creating spaces for open and honest discussion. Nothing is off limits and you can say whatever you think. Seriously!

Parents will need to complete a google form (QR code on poster and invite card) to show interest in your child attending and also complete a Registration Form at the Launch event.

Lenten Reflections Booklets



Prayful reflections for your Lenten journey, these booklets are free.

Project Compassion

Project Compassion boxes and envelopes are available at the back of the church.



A PASTORAL LETTER FOR LENT 2025

PILGRIMS OF HOPE:

A Lenten Journey in Light of the Synod and Jubilee Year

Dear Sisters and Brothers in Christ,
As we embark upon the sacred season of Lent in this Jubilee Year of 2025, our hearts are drawn to the call of the Lord to renew our faith, deepen our communion, and walk as pilgrims of hope. This holy season invites us to prayer, fasting, and almsgiving, guiding us towards a transformation that echoes the spirit of the Synod on Synodality (2023-2024). The synodal journey has been a time of listening, discernment, and unity in the Holy Spirit, preparing us to embrace the Jubilee theme: Pilgrims of Hope. Lent, a season of conversion and grace, is the path upon which we are invited to journey more deeply into the mystery of Christ's passion, death, and resurrection. As the Church continues its synodal process, we are reminded that we are a people walking together, discerning the promptings of the Holy Spirit, and responding to the call of mission in our time. We also renew our commitment to Christ, deepening our awareness of His love and mercy, and accompanying one another toward Easter's radiant joy.

To read the full letter please use the QR Code:



Or use the link below:

<https://adelaide.catholic.org.au/our-people/archbishop-patrick-o-regan-dd/messages>

Weekly Bulletin

If anyone would like the weekly bulletin emailed to them please contact the office at:

welcome@henleybeachparish.com.au

Stations of the Cross



Stations of the Cross will be held every Friday during Lent commencing from Friday 7th March at 7pm until Friday 11th April 2025.

The Stations of the Cross is a very beautiful way for us to prepare our hearts by reflecting on Jesus's journey to Calvary for the coming of Easter. We hope you could all take some time to join us every Friday or even on any one of the Fridays in Lent. Look forward to seeing you there!

GOSPEL ACCLAMATION: Glory and praise to you, Lord Jesus Christ! From the shining cloud the Father's voice is heard: this is my beloved Son, hear him. Glory and praise to you, Lord Jesus Christ!

Emergency



In the case of an emergency warning during an event in the Church or Parish Hall parishioners are asked to **leave in an orderly fashion** and gather at the **designated emergency sign in the carpark.**

Keys to the Parish Facilities



As part of insurance requirements we are updating our key register. All those who have keys to any of the Parish facilities (Church, Office, bunker etc) please return it to the office to be registered. Those who do not require keys due to a change in circumstances, please return them permanently.

Marriage Encounter Weekend Keeping in Shape



Are you exercising and dieting, jogging, swimming, and playing tennis to stay fit and trim? What are you doing to keep your marriage in good shape? Why not try a Worldwide Marriage Encounter live -in weekend on 2-4 May 2025 at the Lyndoch Motel or a live-out weekend on 31 Oct – 2 Nov 2025 – venue tbc.

For more details email sabookings@wwme.org.au or contact Jo & Jon on 049 3747 478 for more information.

Alternatively, visit wwme.org.au and apply online today.

Henley Beach Parish HOLY WEEK Mass Times

Second Rite of Reconciliation: Will ONLY be available at the Parish Retreat Day on Saturday **5th April** or individual confessions on Saturday mornings during LENT at 8:30am.

PALM SUNDAY:

Saturday 12th April:

- 9:15am and 6:00pm

Sunday 13th April:

- 9:30am and 5:30pm

HOLY THURSDAY: 17th April: 7pm

Please remember to bring with you:

- Non-perishables for Vinnies
- Flowers to dress the altar
- Bells for the Gloria

GOOD FRIDAY: 18th April

- 10:30am - Stations of the Cross
- 3:00pm - Passion of the Lord

HOLY SATURDAY VIGIL: 19th April

- 7:00pm Please note there is No morning mass on Holy Saturday.

EASTER SUNDAY: 20th April •

- 8:00am
- 9:30am

Please note there is No evening mass on Easter Sunday

Chuckle Corner



A man walks into a church, outside of mass hours and finds the priest. He pulls out a gun and says, "Give me everything you have."

The priest panics and desperately searches his pockets.

He doesn't have any money on him, but he finds several pieces of wrapped candy, which he holds out and says, "I'm sorry. This is all I have!"

The robber replies, "But Father, I gave up candy for Lent!"

Sacrament of Anointing of the Sick

If you know anyone who is housebound and would like to receive this Sacrament during the season of Lent, please contact the Parish Office.

Thank you.



Giving App



Download the Adelaide Archdiocese's Find a Mass App on your mobile phone and set up direct giving to the first and second collections, as well as special appeals.

Or go to adelaide.goodgiving.com.au to set up direct giving from your computer.

Please note: 1st, 2nd and Special Collections are available on the app.

The QR code will automatically select the Henley beach parish.



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